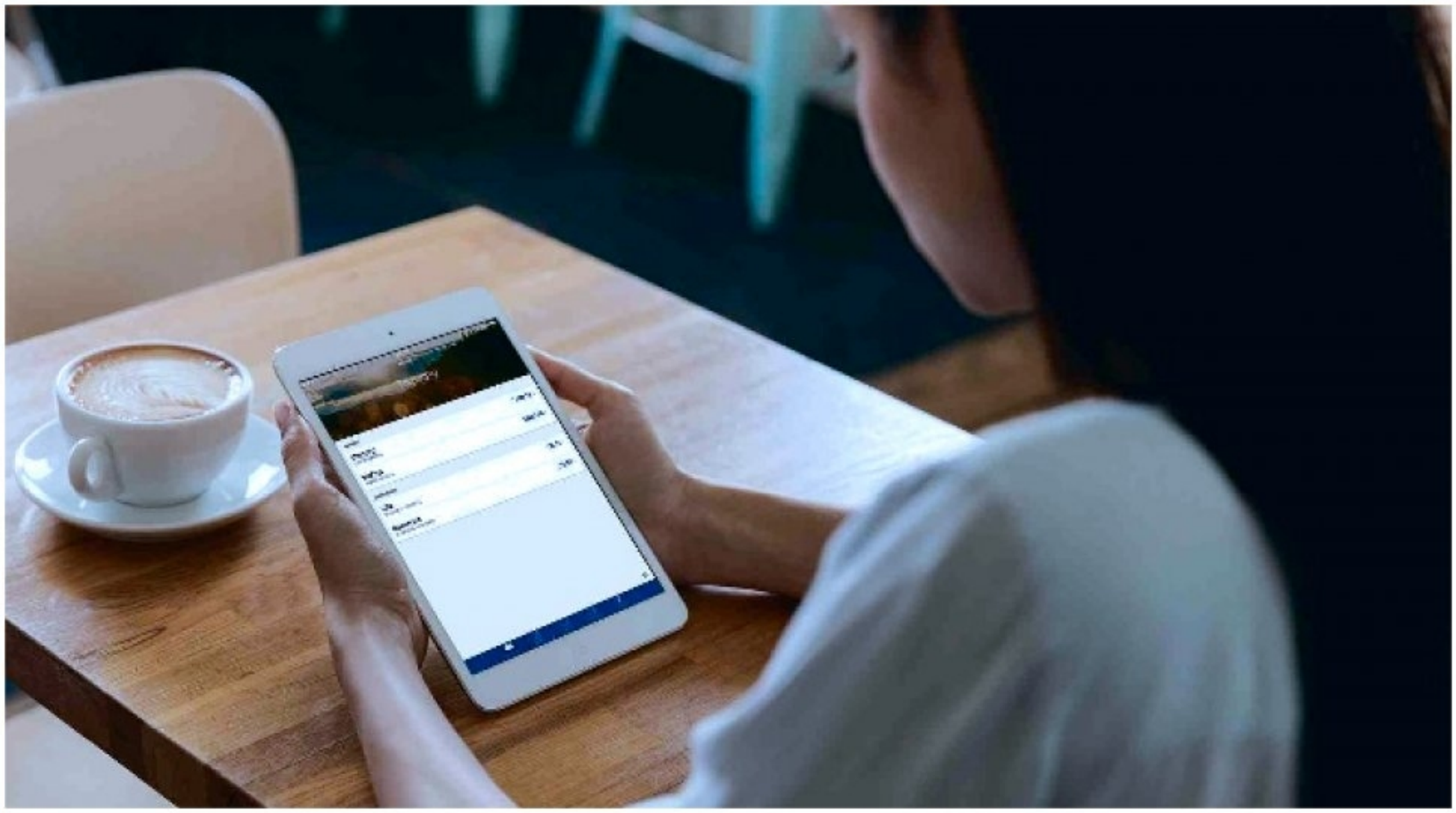
Ottawa metro

WEDNESDAY, JUNE 8, 2016

RBC

This is
the best news
you'll read all day.

Look inside to see what we mean.



The way you bank has changed. Has your account?

Switch to RBC® and stay on top of your money with a complimentary iPad mini 2*

The RBC all-inclusive Banking Accounts include:

- Unlimited free e-Transfers
- Unlimited debit transactions
- No minimum balance
- And more...

Offer ends August 2nd. For more information visit **rbc.com/ipadmini2offer**

RBC®

* To get an iPad mini 2, you must be a new Eligible Personal Client, open either an RBC Signature No Limit Banking account or RBC VIP Banking account during the Promotional Period, and complete the criteria by September 30, 2016. Conditions and restrictions apply. Offer available May 4 to August 2, 2016 but may be changed or withdrawn at any time without notice. For full details visit www.rbc.com/termsandconditions. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

Airport lines taking off — not you metroNEWS

Drive like Draper

Mad Men character's rare 1964 Imperial Crown convertible up for auction

metroWHEELS

Ottawa metro

WEDNESDAY, JUNE 8, 2016

High 14°C/Low 7°C Chance of showers

COOKING

Perk up your poultry

metroLIFE

Canada's Sophie Schmidt, left, defends against Brazil's Poliana during the first half of the international women's friendly on Tuesday.

THE CANADIAN PRESS

FRIENDLY-ISH

Canada scores a late goal against Brazil for a 1-0 win in Ottawa

More on Canadian women's soccer, metroSPORTS

'There will be benches'

OGILVY SQUARE

Mayor nixes staff's plaza plan to prevent panhandling

Lucy Scholey

Metro | Ottawa

Ottawa Mayor Jim Watson is ordering public benches for a new pedestrian plaza, after learning they were excluded to prevent homeless people from loitering.

The city is turning a stretch of Nicholas Street between Rideau and Besserer — dubbed Ogilvy Square — into a new car-free space with patios, bike parking, and art installations.

But, as reported by Postmedia, park benches were excluded from the design partly because staff were worried about homeless people panhandling. Another concern, however, was that the benches could interfere with special events programming for the space.

"It should be a place where people can sit and relax and enjoy this new plaza," Watson told reporters on Tuesday. "There will be benches there."

Liz Bernstein, president of the Lowertown Community Association, said she's thrilled the mayor took action.

"It sounded discriminatory," she said of the initial plan. "Homeless people have rights, as do you and I."

In the last election, the mayor campaigned on spending more municipal funds on affordable housing. That's why city staff's initial no-bench design was puzzling to Mike Bulthuis, executive director of the Alliance to End Homelessness Ottawa.

"You wouldn't do that based on age or gender or cultural background, so why is it OK based on housing tenure?"

The square is part of Cadillac Fairview's ongoing $360 million Rideau Centre expansion, which should be complete this summer.

WITH FILES FROM EMMA JACKSON/METRO

metro NEWS

Your essential daily news

Brock Turner's father and rape culture: **Views** | Stanford University on the defence: **World**

The Royal opens clinic to treat alcohol withdrawal

HEALTH SERVICES

Clinic receives $430K yearly for two-year pilot project

Haley Ritchie
Metro | Ottawa

The Royal Ottawa Mental Health Care Centre has opened a new clinic to help people with life-threatening alcohol problems get help and to ease the strain on crowded emergency departments.

The Alcohol Medical Intervention Clinic, which was unveiled to the public on Tuesday, began accepting referrals from the Ottawa Hospital's emergency department on May 26.

Director Dr. Kim Corace hopes the new program will help patients navigate alcohol addictions treatment and stay out of the emergency department.

"We create a seamless pathway for the patient, instead of the patient running around trying to piece together their own service plan," she said.

"Reducing emergency department rates reduces pressure on the emergency room, but it also means that people are in the appropriate place receiving services, instead of going back to the ER," she said.

> **People are in the appropriate place receiving services, instead of going back to the ER.**
> Dr. Kim Corace

People with addictions problems — alcohol being the most common — are high repeat users of emergency rooms due to intoxication, withdrawal or injuries related to alcohol consumption. They also tend to be most likely to return to the emergency department within 30 days of being first admitted.

Dr. Melanie Willows, clinical director of The Royal's Substance Use and Concurrent Disorders program and co-creator of the new clinic, said that's often because patients are treated and released, but face barriers accessing long-term support.

The new clinic, open weekdays from 8 to 11 a.m., will assess patients to see what they need and help them get it. The Royal only has 12 beds for medically managed detox, but the clinic can help some patients manage their addiction without being admitted to the hospital.

"The goal isn't (to get people sober). We can navigate them if they want to but you do not have to want to stop drinking to come here," said Corace.

The clinic is a partnership between The Ottawa Hospital, The Royal, the Ottawa Paramedic Service and Monfort Renaissance. The clinic is a two-year pilot project and will run until March 2018 with $430,000 each year in funding from the Champlain Local Health Integration Network.

Director Dr. Kim Corace said the new clinic can help reduce the strain on hospital emergency departments. CONTRIBUTED

INVEST OTTAWA

Final touches put on Bayview Yards innovation hub

The windows are installed, the red brick is showing through, and the City of Ottawa is poised to receive the last bit of federal funding for the Innovation Centre at Bayview Yards.

Navdeep Bains, the minister of Innovation, Science and Economic Development will make an announcement about the $30-million business incubator at Laroche Park on June 15.

To date, the city has spent $9.9 million on the project, mostly on the land and building costs. It's expected to match the $15-million funds from the Ontario government.

Apart from Invest Ottawa, the building's anchor tenant, the city is still securing tenants interested in setting up shop in the once-derelict 75-year-old industrial complex at 7 Bayview Rd.

In a series of renderings presented to the finance and economic development committee on Tuesday, staff presented the 300-seat auditorium space, grand stairwell, café and concierge on the ground floor. Once the LRT launches, the building will connect the city's four university campuses by rail.

Mayor Jim Watson said the innovation hub will help small businesses turn into medium- and large-scale ones.

"It's really to take it from the dream of one or two young entrepreneurs and create the next Shopify," he said.

The finance committee designated the building as a municipal capital facility, which exempts the property from municipal and school taxes.

LUCY SCHOLEY/FOR METRO

EXPENSES

City of Ottawa spending on the Innovation Centre at Bayview Yards, to date:
- Building and land: $8 million
- Site preparation, professional services, startup costs: $825K
- Site remediation: $650K

LANSDOWNE

City park $3.7M over budget

Lucy Scholey
Metro | Ottawa

The City of Ottawa spent $3.73 million more on Lansdowne's urban park last year than initially budgeted, but did not accumulate more debt, according to the city's treasurer.

In the original plan, the city set aside $42.5 million to renovate and move the Horticulture Building, repair the Aberdeen Pavilion, install the berm, build a skate park, put down the sod for the great lawn and create public spaces.

That amount included some contingency funds, but not enough, said city treasurer Marian Simulik.

The August 2014 opening date and impending soccer matches had city officials scrambling to finish up construction on time. There were also "unforeseen building condition issues" that needed smoothing over in order to comply with the Ontario Building Code standards, according to a city staff report on capital project adjustments. This all resulted in the $3.73-million cost overrun.

"I fully support the fact that they wanted to speed up and they wanted to make the site safe for people to use it," said Ottawa Mayor Jim Watson, following a finance and economic development committee on Tuesday.

The city used a citywide cash-in-lieu of parklands fund and development charges to cover the cost overrun.

As mentioned in the report, the city is also sending $10.4 million back into its reserves — including transit, library, solid waste, social housing and cash-in-lieu — as a result of surplus funds from other capital projects.

At the finance and economic development committee, Southgate-Gloucester Coun. Diane Deans questioned whether the $3.7 million additional funds should have gone through the finance committee and council channels first.

But Simulik said staff have delegated authority to carry out such work for parks, especially if the project runs into unforeseen circumstances.

OC Transpo: Change on track

This map shows where bus routes from various neighbourhoods will connect with major LRT stations once the system launches in 2018. ANDRES PLANA/METRO GRAPHIC

INFRASTRUCTURE

Staff unveils overhaul to transit system

Emma Jackson
Metro | Ottawa

Light rail is on track for 2018, but to get there Ottawa's transit system requires a sweeping overhaul to its bus network, signposts, and fare system.

That's what staff unveiled on Tuesday, and as far as fares go, it seems the everyday bus rider has drawn the short straw.

The city's 38,000 regular monthly pass holders will see their fare jump $7 per month to $112.25 next January, not including annual increases.

The 5.8 per cent leap will help make up a $6-million shortfall as the monthly express pass and premium cash fares disappear forever. Staff say those will be obsolete and impossible to enforce once light rail opens. It's a good deal for express riders, who can use their usual routes until 2018, but pay $112.25 a month instead of $130.50.

OC Transpo general manager John Manconi said the price hike is a fair exchange.

"We all know when it snows or rains there's tie-ups in the core, and that piece is eliminated with this reliable system," Manconi said. "It's about building a city and giving residents what they want."

Other users got slightly better news.

Contentious Para Transpo top-ups for peak hour service and community pass holders will disappear, and a new Access Pass will offer discount trips for non-ODSP Para users. The student pass will become a youth pass available to anyone under 19.

The missing piece in the new fare table, however, is a low-income transit pass, which staff had been directed to consider at last month's transit commission meeting.

But Transit Commission chair Stephen Blais said Tuesday they also agreed the province should pay the $3.3 million per year for the pass, which he called a social service.

"If the government of Ontario is willing to pay … we're quite happy to offer it," Blais said.

Trevor Haché, spokesman for the Healthy Transportation Coalition, said he's disappointed the city didn't offer what his group considers a critical discount for the working poor.

"Not only will low-income people be without a pass, but costs will also go up for them," Haché said.

RECALIBRATED MONTHLY PASSES

Fare type	Customers per month	July 1, 2016	Future (inflation not included)
Adult express	13,000	$130.50	$112.25
Adult regular	38,000	$105.75	$112.25
Student express	400	$99.00	$84.75
Student regular	14,000	$84.25	$84.75
Senior 65-plus	7,000	$42.75	$42.75
Community	5,700	$41.75	$41.75

TRANSIT

Biggest makeover to core

Come 2018, you likely will have to transfer at least once to get downtown — but you won't have to worry about delays on Slater or snowstorms causing backups.

"The city will be transformed in the core," said OC Transpo general manager John Manconi when he unveiled the new network system on Tuesday.

Once the 12.5-kilometre light rail line opens, buses on Albert and Slater streets will drop from 1,400 a day to 175.

Rideau Street will also be freed from long bus queues.

Under the new system, local routes will take passengers to major stations such as Tunney's Pasture, Hurdman and Blair to transfer to the train, instead of carting them downtown.

And express routes will disappear, replaced by rapid, frequent and "connexion" routes that will fan out from the major hubs.

Fifteen rapid routes will use the Transitway and dedicated bus lanes to get riders from station to station as quickly as possible — all day, every day.

At peak hours, those buses will be so frequent that passengers "don't even have to worry about schedules," according to Manconi. Same goes for the train, he said.

Nightly train closures for maintenance will be offset by 24-hour buses.

Some local routes will still serve the downtown. Most will be split in two — an east route and a west route, for example — so they're not as vulnerable to delays.

The city's transit commission will debate the plan on June 15.

EMMA JACKSON/METRO

Rowan's Law in memory of teen

HEALTH AND SAFETY

Legislation passes to address risk of concussions

Emma Jackson
Metro | Ottawa

Canada's first concussion-related law passed with all-party support in the Ontario legislature Tuesday afternoon, but the work to keep kids safe is far from over, says Ottawa advocate Kathleen Stringer.

Her daughter Rowan Stringer died in May 2013 at age 17 after suffering several concussions while playing high school rugby in Barrhaven.

Rowan's Law will consider how to implement 49 recommendations from the coroner's inquest into her death.

But even as Kathleen and her husband Gordon Stringer close this chapter of their push for concussion awareness, "it's just the beginning of the next," said Kathleen, hours before the vote in the Legislature.

Gordon hopes to be one of 15 committee members appointed to study the inquest's recommendations and propose an implementation plan.

And the husband-and-wife team continue to visit sports teams and schools to share Rowan's story and to raise concussion awareness.

> **It's about changing the culture. Kids want to act tough and play through an injury.**
> Kathleen Stringer

"It's about changing the culture," she said. "Kids want to act tough and play through an injury, but it's tougher to say, 'I'm not going to play because I'm worried about my head and I need to take care of myself.'"

Nepean-Carleton MPP Lisa MacLeod has championed the law since she tabled it last year. She said the support from all three parties shows the importance of the issue.

"It has become a public health issue that needs to be dealt with," MacLeod said.

"It's not controversial."

More legislation may still be needed, depending on the committee's implementation plan due in a year to the Ministry of Tourism, Culture, and Sport.

MacLeod said the bulk of the recommendations could likely be achieved through policy changes or regulations, but a new law may be needed to create legal accountability.

A new law is named after Barrhaven teen Rowan Stringer, who died at the age of 17. It passed with all-party support in the Ontario legislature Tuesday afternoon.
CONTRIBUTED

Looking for a fresh start this spring?

Let us help you find the right hearing aid to fit your lifestyle.

SAVE up to $1,000 on a pair of hearing aids

- Complimentary hearing test
- $50 gift card with purchase*
- Bluetooth accessories*

Contact us today!

Call 613.521.0509 • Use promo code **spring6**

*Visit CHS.ca/spring6 • Offer valid until June 30, 2016

Services also available in French

CHS | SCO | CANADIAN HEARING SOCIETY SOCIÉTÉ CANADIENNE DE L'OUÏE

Trusted since 1940 | Partenaire de confiance depuis 1940

BIKER CLUB

Hells Angels to meet in Ottawa

The Hells Angels have chosen the Ottawa-area for a mass gathering of 900 outlaw bikers next month.

The event is expected to draw 390 members from across the country, as well as members of affiliated junior clubs including the Red Devils, Gatekeepers, 13th Crew and Iron Dragons from Eastern Canada, and the Tribal and Devil's Arms clubs from the west.

The gathering is scheduled to run July 21-24.

"It's a show of strength," a police source said. "They're the biggest and the baddest."

Police and Hells Angels declined to be interviewed on the record about the gathering.

Despite the Hells Angels' long-standing reputation for drugs, weapons and violence, the outlaw bikers are typically on their best behaviour during a so-called "Canada Run," and this year isn't expected to be any different, a police source said.

"They're on their best behaviour" at national runs, the police officer said.

Ottawa offers a central location for the get-together, and is also close to the Gatineau region of Quebec, where the bikers have a strong presence.

PRESENCE

There are currently about 450 members of the Hells Angels in Canada, but about 60 of them are either in custody and restricted from associating with outlaw bikers because of bail or parole conditions.

There's also a chapter of the Hells Angels elite chapter called the Nomads based in Carlsbad Springs, outside Ottawa.

The bikers have a reputation for tipping large at restaurants and bars during national runs to bolster their image.

They also generally leave their wives at home.

"I don't think they'll be bringing their wives to a national run," a police source said.

Attendance is mandatory at a national run every four years, and that includes this year's event in Ottawa.

Members who don't attend owe a good explanation and a hefty fine — usually a higher amount than it would cost to attend the run — to the club.

For the Angels, a national run is a chance to socialize and also talk face-to-face, without the worry of police intercepting conversations.

For police, they offer a chance to gather intelligence, in part through traffic check-stops. For the public, it's something of a rolling bike show.

Canadian and American Hells Angels are forbidden by club rules to ride any motorcycle not made in North America.

While most still ride Harley-Davidsons, Victories and Indians have recently gone up in popularity.

The last mandatory national run was

Les MacPherson, a columnist for the Saskatoon Star-Phoenix, wrote that the bikers were well-behaved during the mass gathering in his city.

"On the first two days of the Craven Country Jamboree music festival last weekend, police arrested more than 80 people for various offences, handed out more than 60 tickets on alcohol-related charges and 150 tickets for traffic offences," MacPherson wrote. "Here, with 400 Hells Angels assembled, no arrests have been reported."

TORSTAR NEWS SERVICE

Brace for longer screening lines, flyers

AIRPORTS

Feds urged to boost funding for screening passengers

Canadians risk flight delays and even longer airport security lines unless Ottawa boosts screening funding to address growing passenger levels, industry experts are warning.

"It is on the cusp of being a real problem, with serious, serious delays," says John Gibson, chairman of the Canadian Airports Council.

Canadian airports aren't currently facing the chronic disruptions that are increasingly angering U.S. passengers. Still, lines have steadily grown over the last few years as Canadian funding hasn't kept pace with the 21 per cent increase in passenger growth over the last five years.

The Canadian Air Transport Security Authority (CATSA) says, on average, it screens 85 per cent of passengers within 15 minutes.

But waits can be much longer at some large airports during peak travel times, with additional pressure potentially coming during the rush of summer travel — and the number of passengers is growing by 3.5 per cent each year.

If nothing is done to address the bigger volumes, Gibson said, passenger waits could regularly reach an hour. The number of security screeners has in the past fluctuated depending on the size of government funding. More than 6,000 agents screened 58 million passengers last year.

The agency says it's doing the best it can with the resources it's provided by the government. An extra $29 million in the Liberal government's first budget will help to maintain the current threshold this year.

THE CANADIAN PRESS

Passengers at Toronto's Pearson airport in 2007. Canadian airports face longer security lines without more funding, say experts. J.P. MOCZULSKI/THE ASSOCIATED PRESS

ASSISTED DYING

Senators balk at Bill C-14 limits

The federal government's proposed new law on medically assisted dying is entering uncharted parliamentary waters, where the only certainty seems to be that it will not come out in the same shape in which it goes in.

Final debate on Bill C-14 begins Wednesday in the Senate, where the government no longer has any control over independent-minded, less-partisan senators who appear determined to amend the controversial legislation.

Among other things, senators are likely to amend the bill to ensure that all grievously ill Canadians are entitled to an assisted death, not just those who are near death. But no one knows what will happen if the government, which has rejected any substantive amendments thus far, refuses to accept Senate amendments. Will senators acquiesce? Will they fight to defeat the bill? "I don't know — that's the simplest answer," said Sen. George Baker, who is sponsoring the bill in the Senate.

"I don't know what's going to happen in the Senate. This is a new situation for the Parliament of Canada. There's never been a situation similar to this before."

Conservative Senate leader Claude Carignan was blunt when asked if the bill will be passed by the Senate without amendments.

"Without? Impossible," he said.

Carignan appeared confident there's enough support among Conservative, independent Liberal and independent senators to fix what he sees as the bill's major flaw: the requirement that a person must be near death in order to qualify for medical help to end their suffering. That provision has been slammed by constitutional and legal experts who maintain it flies in the face of the Supreme Court's landmark ruling last year and will inevitably be struck down as unconstitutional.

THE CANADIAN PRESS

WOODSTOCK, ONT. STUDENTS STAGE MASS WALKOUT OVER SUICIDE RESPONSE Avery Greenwood, left, and Jordan McNeillie write their names on the sidewalk in the town square during a rally in Woodstock, Ont., after they and hundreds of their classmates walked out of school on Tuesday to raise awareness of a suicide crisis that is gripping the small Ontario community. Five people aged 19 and younger in the city of roughly 38,000 have killed themselves since the beginning of 2016, police have said, noting 36 more have expressed suicidal thoughts or attempted suicide in the region. GEOFF ROBINS/THE CANADIAN PRESS

JUNE 9–19
FREE LEATHER BRACELET*
WITH YOUR $125 PANDORA PURCHASE

PANDORA®

THE PANDORA STORE AT RIDEAU CENTRE
613.695.6997
Facebook.com/PandoraatRideauCentre

*Free leather bracelet (up to a $60 CAD retail value). While supplies last at participating retailers. No substitutions. Bracelet selection may vary by store. Excludes gift card purchases. Prices before taxes.
© 2015 Pandora Jewelry, LLC • All rights reserved

Campaign looks ahead

U.S. POLITICS

Clinton eyes general election as presumptive nominee

Already the presumptive Democratic nominee, Hillary Clinton pressed for victory in California and five other states Tuesday, while Bernie Sanders hoped a strong showing would raise doubts about her historic achievement and spur superdelegate to rally around him instead.

The Democratic race was coming to an end amid new turmoil in the Republican Party. GOP leaders recoiled at Donald Trump's comments about a Hispanic judge, with one senator even pulling his endorsement of the presumptive GOP nominee. Trump insisted his words had been "misconstrued" as an attack on people of Mexican heritage.

Clinton secured the 2,383 delegates she needed for the nomination on the eve of Tuesday's voting, according to an Associated Press tally. Her total is comprised of pledged delegates won in primaries and caucuses, as well as superdelegates — the party officials and officeholders who can back a candidate of their choosing.

"We are at the brink of a historic, historic unprecedented moment," she said during a rally in California on Monday.

Clinton was waiting until most of the voting was complete Tuesday night before fully revelling in becoming the first woman nominated by a major U.S. political party. She was to address supporters at a victory party in Brooklyn, where her campaign planned to run a gauzy video highlighting the achievements of women who helped clear a path.

Still, she was wasting no time moving toward the general election. Her campaign announced that she would make stops next week in Ohio and Pennsylvania, states that will be pivotal in November.

Sanders spent Tuesday making a final round of campaign stops in California, the biggest prize of the day. The Vermont senator hoped a victory would help in his so-far-unsuccessful bid to get Clinton superdelegates to switch their support.

"I think we've got a shot," Sanders said of his prospects in California. THE ASSOCIATED PRESS

Hillary Clinton arrives for a rally at Long Beach City College in California on Monday. JONATHAN ALCORN/AFP/GETTY IMAGES

Afghan migrants stranded in Greece pray in front of a docked ferry at the port of Piraeus near Athens on the first day of the holy fasting month of Ramadan on Monday. PETROS GIANNAKOURIS/THE ASSOCIATED PRESS

Fatma, who lost her 17-year-old son Mohammed in a shipwreck, shows a picture of him on May 30. PASQUALE CLAUDIO MONTANA LAMPO/THE ASSOCIATED PRESS

A member of the medical personnel checks a migrant at the Tripoli port after 117 migrants of African origins were rescued by coast guard boats off the coast of Libya on Tuesday. MAHMUD TURKIAMAHMUD TURKIA/AFP/GETTY IMAGES

AFRICA, MIDEAST

EU seeks deals to slow migrant arrivals

The European Union unveiled plans Tuesday to seal agreements with African and Middle East countries in an effort to persuade refugees to stay close to home and to discourage people looking for jobs from heading to Europe.

The European Commission said that the agreements would target countries that migrants and refugees leave, travel through or stay in, often on their way to Europe.

The move is part of the EU's longer-term strategy to tackle the root causes of migration as the 28-nation bloc struggles to manage its biggest refugee emergency since the Second World War, with member states divided over what action to take. EU lawmakers immediately expressed concerns that the deals would be another attempt to outsource the bloc's migrant woes, like the much-maligned migrant agreement with Turkey.

The commission said the new partnership "compacts" would combine funds to build border, asylum and counter-smuggling capacities, as well as develop infrastructure and promote investment. Development and trade incentives would also be offered.

"We propose to use a mix of positive and negative incentives to reward those third countries willing to co-operate effectively with us and to ensure that there are consequences for those who do not," European Commission Vice-President Frans Timmermans told lawmakers in Strasbourg, France.

The main countries concerned are conflict-torn Syria's neighbours Jordan and Lebanon, where around two million Syrian refugees are sheltering. Senegal, Mali, Niger and Nigeria along the key migrant paths through western Africa are also targeted, as is Libya — where most migrants leave the African coast by boat for Italy — and its northern neighbour Tunisia. Ethiopia, where more than 700,000 refugees are sheltering, is on the list too.

But some lawmakers fear the agreements, which would not be legally binding, might see money and incentives thrown at countries already overwhelmed by migrants. THE ASSOCIATED PRESS

TRAIN FOR A CAREER AS A
MEDICAL LAB TECHNICIAN
This program is designed to prepare you for a challenging career in a medical laboratory or medical clinic. Our program will train you to perform standard medical lab tests and ensures that you are prepared to successfully undertake the OSMT and/or the CSMLS exams.
CLASSES STARTING SOON
CONTACT US TODAY
613-722-7811

ALGONQUIN CAREERS ACADEMY
1830 Bank St, at Walkley station • 613-722-7811 • www.algonquinacademy.com

BROCK TURNER

Stanford defends handling of assault

Stanford University "did everything within its power" to ensure justice in the case of a former swimmer sentenced to six months in jail for sexually assaulting an unconscious woman, saying it moved swiftly to investigate and punish the student but that more needs to be done at the school and elsewhere to end sexual violence.

The university banned Brock Turner from campus after wrapping up its investigation less than two weeks after the attack, calling it "the harshest sanction that a university can impose on a student," according to a statement released Monday. The school says it reached out to the victim to offer support and inform her of the steps it was taking.

Brock Turner THE ASSOCIATED PRESS

"In this case, Stanford University, its students, its police and its staff members did everything they could," the statement said, adding that it was proud of two students who stopped the January 2015 assault.

Carl-Fredrik Arndt tells CBS News that he and his friend happened to ride by on bicycles and saw Turner "aggressively thrusting his hips into her." He said the woman was unconscious the entire time because he checked her and she "didn't move at all."

"The guy stood up then we saw she wasn't moving still. So we called him out on it. And the guy ran away, my friend Peter chased after him," Arndt said. THE ASSOCIATED PRESS

Jaco Lokker, executive chef and director of culinary operations at the University of Toronto. The university's downtown campus will start running most of its on-campus dining options itself to satisfy a growing appetite for fresh meals. EDUARDO LIMA/THE CANADIAN PRESS

Universities revamp menus

HEALTH

Food providers pressured to offer fresher meal options

Students want healthier meals, and Canadian universities seems to be listening.

The University of Toronto's downtown campus will cut ties with its food service provider, Aramark, this summer and start running most of its on-campus dining options itself.

It's the latest school to satisfy what appears to be an appetite for fresh meals.

It will centralize most food operations and see a main kitchen provide fresh food to some retail outlets that rely heavily on packaged food, said Anne Macdonald, the university's director of ancillary services.

> **This is the voice of the students.**
> Joshna Maharaj

Chefs, for example, will cook soups and sauces from scratch instead of ordering from a production facility, Macdonald said.

Such changes were called for by students, faculty and staff in focus groups, she said.

"This is the voice of the students," said chef Joshna Maharaj, who consults with universities and colleges on menu changes.

"They are increasingly dissatisfied — as they should be — with really highly processed foods and a campus food service that is sort of an irritating afterthought."

Last year, the Canadian Federation of Students voiced concern over the quality of campus food across Canada after images surfaced of raw meat and mouldy food served at Memorial University in St. John's, N.L.

In Lethbridge, Alta., students voiced their desire for healthier options and local ingredients when the University of Lethbridge debated whether to renew Sodexo's contract in 2012, said James Booth, executive director of ancillary services at the school.

"They're much more astute consumers and they have more refined needs," he said.

Booth compared the evolution of menu offerings to that of residence amenities. Twenty-five years ago, students lived in basic dormitories, he said.

"Today they have granite countertops, and they have flat-screen TVs and Wi-Fi and Netflix," he said. "You have to keep up."

Maharaj said it's important for food service providers to be open to working with their clients to figure out how to better serve their needs.

"I think that they really could be allies and change agents, if we position them well and support them and ask them to do these different things."

THE CANADIAN PRESS

TELECOMMUNICATIONS

CRTC stifles competition: Bernier

The CRTC has discouraged competition in the telecommunications sector and should have a far diminished authority over the industry, Conservative leadership candidate Maxime Bernier said Tuesday.

"It is not the role of the CRTC, it is not the role of the government to decide how this increasingly complex market should evolve," Bernier said in a speech at the Canadian Telecom Summit in Toronto. "It is up to producers. It is up to consumers."

The CRTC has stifled competition with some of its decisions, he said, citing as an example the regulator's ruling last year that requires major Internet service providers to sell space on their high-speed infrastructure to smaller rivals at wholesale prices. That decision was endorsed last month by the federal Liberal cabinet.

Bernier, a former industry minister who once oversaw the CRTC, also slammed the regulator's recent public consultations on broadband Internet services in Canada, calling them a waste of time and money.

The CRTC said it had no comment on Bernier's position.

Bernier said the CRTC's role as telecom regulator should be phased out and that the federal Department of Innovation, Science and Economic Development take over its remaining essential functions, such as 911, while the Competition Bureau oversee competition issues.

THE CANADIAN PRESS

IN BRIEF

Hudson's Bay scores poorly on cotton-sourcing list

A report released Tuesday ranking the world's largest cotton consumers on the basis of their sourcing practices has put Canada's oldest retailer, Hudson's Bay Company, near the bottom of the list.

Hudson's Bay, the only Canadian retailer on the list of 37 retailers, had a score of one out of 19.5.

THE CANADIAN PRESS

metro VIEWS
Your essential daily news
Wednesday, June 8, 2016

ROSEMARY WESTWOOD
ON THE RETURN OF A RALLYING CRY

Rape culture was a slogan that undermined its cause by being too vague. But this week, Dan Turner, the father of sex offender Brock Turner, has upended all that.

"Rape culture" had become a barren phrase.

Jargony and overused, chanted with abandon and often wielded with little insight, it had lately lost much of its meaning. Coined in the 1970s to describe how society implicitly condones sexual violence and blames victims, rape culture was the slogan that undermined its cause by being too vague.

But this week, Dan Turner has upended all that. He has given rape culture, as short-hand, a second wind — and a snappy quote few will soon forget.

Turner is the father of convicted sex offender Brock Turner. In front of a California courtroom, he dismissed his son's groping, fingering, humping and undressing of an unconscious woman behind a dumpster as a mere "20 minutes of action."

And with that, "rape culture" is back in the discourse with renewed vengeance.

Turner's statement spawned stories and made headlines across international media when it hit Twitter this weekend, after his son's conviction on three charges of sexual assault and the ensuing light sentence, a mere six months in jail plus probation.

Rape culture persists when perpetrators receive kid-glove treatment.

Like his son, who has never admitted guilt, Turner senior shows zero recognition of the assault as such. He calls it the "unfortunate results" of campus binge drinking, deems it one of the "dangers... of sexual promiscuity."

NOT A PARKING-LOT PREDATOR **A prosecutor's comment that Brock Turner "may not look like a rapist" proves how pervasive misconceptions about sexual assault are, Rosemary Westwood writes.**

DAN HONDA/THE ASSOCIATED PRESS

There's nary a whiff of culpability. That makes Turner the poster boy for rape-culture-condoning parents.

Mashable's Chris Taylor explained phenomenon well. "Rape culture is a thing..." he wrote to fellow fathers. "Any time you put the onus on our daughters — don't wear that dress, don't get drunk, don't lead guys on — you're perpetuating it. Any time you make a rape joke, you're perpetuating it. And any time you miss an opportunity to educate our sons about the concept of consent ... you're perpetuating it."

Amazingly, Dan A. Turner not only thinks his son shouldn't go to jail for ripping the underwear off a passed-out woman and groping and fingering her, he thinks his son should educate other students about sex and booze on campus.

Leslie Rasmussen, Brock's friend, was more explicit in her plea to the judge: "Brock is not a monster," she said in a statement. "Rape on campus isn't always because people are rapists," she added, ludicrously, explaining that Brock isn't a real rapist because he didn't kidnap his victim "as she is walking to her car in a parking lot."

The prosecutor was clearly expecting this kind of retrograde thinking when he told the jury during his closing arguments that Brock "may not look like a rapist," being young, white and privileged, "but he is the face of campus sexual assault."

The need to make that statement is proof of rape culture's existence. But it's Turner, the father, who's given it a new face.

A close runner-up isn't Rasmussen, but the judge. Judge Aaron Perksy clearly felt sorry for the convicted All-American swimmer formerly of Stanford University, the judge's own alma mater. In announcing a six-month sentence, compared to the six years requested by the prosecution, Perksy said Turner had "less moral culpability" because he was drunk and let him off easy because jail would be "severe." For that, he's earned infamy and more than 300,000 signatures on a petition demanding he be recalled. I hope it works.

Rape culture persists when perpetrators — especially white, athletic, good-looking ones — receive kid-glove treatment from judges who follow the old adage "boys will be boys." It endures while well-meaning people explain away the sexual violence of their loved ones.

But thanks to Turner's "20 minutes of action," rape culture has also returned to prominence as a war cry. It's been given new weight, and been rooted again in reality. The truth: A father excuses every assault when he excuses the one committed by his son.

A balloon ride taught me not be defined by illness

Samantha Emann
Metro | Toronto

If you had asked me two years ago whether I would go for a ride in a hot air balloon, I would have laughed.

But here I was, in Kitchener, Ont. at 5 a.m., listening to a pilot tell a group of soon-to-be passengers, myself included, how to brace for bumpy landing as we prepared to be lifted thousands of feet into the air.

I was there to participate in Parkinson Canada's Life Lists Challenge campaign where one could find themselves doing other bucket-list type things like skydiving and bungee jumping.

I don't want to be the sum of my medical issues.

Participants raised much-needed money for research on a disease for which there is no known cure, for public education and to help support the more than 100,000 Canadians living with it. This event was unique, as you got to be inspired by a partner with Parkinson's, putting a human face to the fundraising efforts.

The world watched iconic figures like the late Muhammad Ali live with Parkinson's, but not let it define them. Ali will be remembered for his accomplishments and his many contributions to the society and time in which he lived, not for the tremors that affected him later in life.

Jon Collins, the organizer of the campaign, said the balloon challenge seemed to be relatable for all age groups for different reasons. He said the idea of doing something you want to tick off your bucket list would be a new way to engage younger people, particularly millennials.

"This could be you, this could be me, at this exact stage in my life looking to raise a young family, working hard on my career and then (facing) a diagnosis that I was absolutely not expecting."

Though Parkinson's affects everyone differently, some symptoms include tremors and problems with balance and motor skills. The invisible symptoms of the disease, from fatigue to sleep disorders to other mental health issues, are equally challenging but not as often talked about.

That fact struck a chord with me.

After enduring bouts with depression and still fighting with anxiety, I am familiar with what it means to suffer from symptoms that aren't apparent to others. And having grappled with recent life-altering issues arising from my weight, I understand what it means to feel like you are fighting your own body.

I don't want to be the sum of my medical issues. I used to think going up in a hot air balloon would be out of the question. But after this? Sign me up for the next challenge!

HOW TO TRY IT

Details about bucket-list-worthy events coming up in Halifax, Winnipeg and Ontario can be found at **Lifelistschallenge.ca**

metro
Your essential daily news

CHIEF OPERATING OFFICER, PRINT
Sandy MacLeod

VICE PRESIDENT & EDITOR
Cathrin Bradbury

EXECUTIVE VICE PRESIDENT, REGIONAL SALES
Steve Shrout

MANAGING EDITOR OTTAWA
Steve Rennie

ADVERTISER INQUIRIES
adinfoottawa@metronews.ca
General phone 613-236-5058

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

Philosopher cat now at www.mymetrostore.ca

metro LIFE
Your essential daily news

Oh sweet Cheetos o'mine: Axl Rose issues takedown request to Google for 'fat' photo used prolifically in memes.

Wake up your cooking with coffee

Park the skepticism — coffee pairs surprisingly well with fresh salad vinaigrettes as well as the tanginess of limes when used as a rub for grilled chicken legs. TORSTAR NEWS SERVICE

CAFFEINE KICKS

Dinner plates full of beans can counter sleepy summer

As the days stretch toward summer solstice on June 20 and the weather starts making all of us sleepy, try adding a zip to your cooking with coffee. In addition to an extra caffeine hit, you'll also taste the warm, bitter aromas of coffee that go very well with some unlikely warm-weather dishes.

It's already a given that coffee intensifies cocoa (try adding espresso powder to chocolate cake batter) and that it's an essential ingredient in desserts like tiramisu, but consider the flavour profile of coffee: bitter, slightly acidic and earthy.

Use it to balance out citrus and vinegary flavours; complement the smoky taste of smoked meats or grilled vegetables; contrast sugary desserts like ice cream and custards (affogato, anyone?); and enhance the nuttiness of caramels and brittles.

Summer is all about grilling, citrus notes and using the oven as least as possible. These recipes for a coffee-infused meal will keep you buzzed well-past the sunset.

Grilled Asparagus Salad with Coffee Vinaigrette

Coffee and asparagus have more in common than you think. In the U.S. during the late 19th century when trade routes were disrupted by the Civil War, newspaper articles suggested using the seeds inside the red berries of the asparagus plant in lieu of coffee beans. When dried, roasted and ground, the seeds apparently had the same full-bodied aroma and taste of coffee. We're pairing crisp, grassy grilled asparagus with a vinaigrette infused with coffee to add a bitter, nutty flavour that mellows out the vinegar and compliments the sweetness of charred vegetables. If you're skeptical about adding coffee to vinaigrettes, you would be far from alone but it actually pairs surprisingly well. Any vegetable will do, as long as it's hearty enough to withstand the grill.

(Makes 6 servings)

Ingredients:

- 1/3 cup (80 mL) olive oil, plus more for brushing vegetables
- 1 tsp (5 mL) maple syrup or honey
- 1 tsp (5 mL) instant coffee granules
- 3 tbsp (45 mL) apple cider vinegar
- Salt and pepper, to taste
- 1 lb (450 g) trimmed asparagus
- 2 quartered red peppers, stem, seeds and ribs removed
- 1 sliced medium red onion
- 6 spring onions, white parts only

Directions:

1. In a bowl, whisk together olive oil, maple syrup, coffee and vinegar until coffee has dissolved. Season with salt and pepper. Set aside.

2. Lightly brush vegetables with oil and season with salt and pepper.

3. On a medium-hot grill or a grill pan over medium-high heat, grill vegetables, flipping occasionally until tender and slightly charred, about 5 minutes.

Grilled Lime and Coffee Chicken Legs

Lime marinades and coffee rubs are popular flavour choices for barbecues; try combining them for a complex, zesty way to flavour chicken legs.

The tanginess of lime hits the tongue but then the bittersweet coffee-sugar rub starts to shine.

(Makes 6 servings)

Ingredients:

- 1/4 cup (60 mL) fine coffee grounds
- 2 tbsp (30 mL) salt
- 2 tbsp (30 mL) sweet paprika
- 2 tbsp (30 mL) brown sugar
- 1 1/2 tbsp (22 mL) black pepper
- Juice and zest of 4 limes
- 2 finely minced garlic cloves
- 6 bone-in, skin-on chicken legs, trimmed of excess fat and skin, rinsed and patted dry with paper towels
- Chopped cilantro, for garnish
- Lime slices, for garnish

Directions:

1. In a large resealable plastic bag, add coffee, salt, paprika, brown sugar, black pepper, lime juice and zest and garlic. Massage bag to mix evenly. Add chicken, seal bag and massage to marinate chicken. Refrigerate for minimum two hours or overnight.

2. When ready to cook, remove chicken from bag and brush off excess rubs.

3. If using a charcoal grill, arrange coals on one side of grill and bring to medium-high heat. If using a gas grill, turn off one burner after grill has reached medium-high temperature. Sear chicken legs on hot side of grill for 4 to 5 minutes per side. Transfer to cool side of grill and cover, flipping occasionally until legs are fully cooked with an internal temperature of 165 F (75 C), about 20 to 25 minutes.

4. If not using outdoor grill, sear legs on a grill pan over medium-high heat. Turn heat down to medium, cover and flip occasionally until fully cooked.

5. Remove from heat and transfer to serving platter.

6. Garnish with lime slices and chopped cilantro. Let rest for 5 minutes before serving.

TORSTAR NEWS SERVICE

So long Lassie, hello baby Oliver

ANIMALS

Pet 'parents' taking a page out of human name books

Erin Kobayashi
Special to Torstar

Erin Kobayashi with her dog Luna, who shares a name with the new (human) daughter of Chrissy Teigen. TORSTAR NEWS SERVICE

In April, model Chrissy Teigen announced the birth of her daughter, Luna, with John Legend. I love the name Luna, it's feminine, celestial and easy to pronounce in many languages.

It's also the name of my dog — because Luna is clearly a dog name. It's an even better cat name (the Harry Potter and Sailor Moon reference became so popular that Toronto Cat Rescue advised fosters to stop naming their cats Luna). Or so I thought.

I began thinking of Luna's canine playmates and the list sounded like a kindergarten attendance sheet: Sophia, Ella, Riley, Oliver and Jack, and noticed that the top licensed cat, and even more so, dog names seemed to be taking cues from BabyCenter.ca's most popular baby names lists.

When my friend revealed that Edith was the front-runner name for her baby, I could only think of an acquaintance's hyperactive miniature pinscher-pug mix named Edith who appeared to run battery operated.

She named her daughter Edith, anyway. But that's OK. Human Edith's mother named her now 16-year-old dog Brooklyn (a popular baby name for years).

Are the days of Fido and Lassie dog-gone? While traditional dog and cat names like Buddy and Coco still rank high among licensed pets, I'm guessing their owners may be mature in age. Let's face it, you don't have to be a spring chicken to become a pet "parent." And I understand the appeal of modern baby names for dog owners because unlike cat owners, we are constantly addressing them in public.

In a 2011 poll by Purina Dog Chow, 90 per cent of owners considered their dogs members of the family, so it isn't surprising pet owners are favouring trendy baby names since, culturally, they hold a special place in our hearts (and unique space in our homes).

"Companion animals are not wild animals, nor are they domesticated in the sense of farm animals. So, we have pets, which are like mini-humans to us," explains James K. Stanescu, a lecturer specializing in animal and environmental ethics in Philosophy at American University in Washington, D.C.

According to the same 2011 survey, 40 per cent of owners refer to themselves as "mom" and "dad" to their canine companions and I have noticed that descriptors like "fur baby," "practice baby," "first born" and "the roommate" are widely used.

> **We have slowly tended to want to see pets as more of a member of the family.**
> James K. Stanescu

"I think we have slowly tended to want to see pets as more of a member of the family," says Stanescu, "We give them more human names, as opposed to the old nicknames that we give to farm animals. But we also avoid calling them pets.

"They are fur babies, roommates, etc. We are still trying to figure out what a pet is, as opposed to a wild animal or a farm animal, both of which are categories that go back thousands of years."

While Stanescu points out that giving names to animals helps us recognize them as individuals, calling them fur babies and roommates is a stretch — considering our pets lack basic human rights.

"If your dog makes too much noise, you can have a surgery called debarking. You can remove your cat's claws. We routinely keep our cats indoors for their whole lives, and remove the reproductive organs of our pets," Stanescu says.

"Those last two are things we would never do to human children, but are probably for the best for our pets. So, I think we have hard ethical choices we have to make about what it means to live with other animals that we have complete control over, and I worry that calling them fur babies or children or roommates is a way of dodging this really complicated ethical activity."

And perhaps, there are names that should be reserved for humans only. Particularly names claimed by friends and family, if only to avoid confusion.

When Shannon Echlin named her Boston terrier-beagle mix Kevin, she forgot about two human Kevins in her life. "We have to add Kevin 'the dog' or Kevin 'the human' to their names when we are addressing them," she says. She also finds herself constantly clarifying that Kevin is not her significant other. "Most people think I have this wild boyfriend who eats garbage," she says.

And before you wonder, Echlin does not have an ex named Kevin. TORSTAR NEWS SERVICE

PET CUSTODY

So, who gets the dog?
Pet custody disputes arising out of the break-up of its owners are on the rise, according to the American Academy of Matrimonial Lawyers. The survey cited attorneys handling cases concerning cats, dogs, birds and reptiles. Robin Bennett, chairman of the Association of Professional Dog Trainers, gives these five tips for exes sharing a pet:
1. Keep the animal on the same sleep schedule at both houses.
2. Maintain similar feeding times.
3. Enforce the same rules.
4. Make sure the animal gets plenty of exercise.
5. Use the same commands and cues.
THE ASSOCIATED PRESS

CANINE DINING

Chow goes gourmet as Fido now feasts on filet mignon, too

Imagine a warm, fragrant entree of oven-baked chicken with whole-grain brown rice, steamed yellow squash and pan-wilted spinach.

Or slow-roasted leg of lamb with pearl barley, broccoli and crispy whole-wheat croutons with cheddar cheese.

Those aren't offerings at a tony French bistro. They're on the menu at Chef K9's Doggy Bistro and Cafe in Pompano Beach, Florida, which customizes meals for your dog and sends them to you.

The subscription-based company is just one of dozens that offer canine and feline foods that go well beyond run-of-the-mill supermarket chow.

According to Packaged Facts, a researcher in Rockville, Maryland, the premium pet-food sector accounted for nearly half of the $26 billion U.S. pet-food market in 2013. Apparently, we want our pets to have not only a spot on the sofa but a figurative spot at the dinner table too.

Delicious-sounding dog and cat food recipes are just good marketing, says Chicago veterinarian Donna Solomon.

"The descriptions and the suggestions of wholesomeness, homemade and gourmet are aimed at our taste buds, not our pets'," she says.

Freeze-dried pet foods that you reconstitute with warm water or broth are also popular, says Sid Hawkins, a spokesman for Pet Pantry Warehouse in New Rochelle, New York. Owners like that the bags are less cumbersome than regular kibble bags, and are shelf-stable.

Primal Pet Foods offers a protein- and vitamin-rich freeze-dried blend of beef heart, liver and ground-up bones as well as dark green vegetables. There are feline feasts, too, like Primal's organic kale, carrots and blueberries with chicken and salmon.

Honest Kitchen's got a turkey and parsnip or chicken and quinoa blend, as well as a fish and coconut mix designed for "touchy tummies."

Fresh pet food is another area of dramatic growth; supermarkets are adding refrigerated sections where protein and vegetable combos from companies like FreshPet are offered in tubs or slice-and-serve form.

Some pet owners have opted to reduce or eliminate grains, soy, corn or wheat because of allergy concerns. Solomon says only a small percentage of pets have such allergies.

But certain breeds are prone to diseases that may require special diets, she says. Pet owners should contact a canine nutritionist or veterinarian for advice.

If Fido or Fluffy doesn't really need poached squab, what's the best way to meet their nutritional needs?

"The main thing you want to be concentrating on is a complete meal, with a good balance of micronutrients and protein, that's easy to digest and meets the pet's needs," says Solomon.
THE ASSOCIATED PRESS

JOHANNA SCHNELLER **WHAT I'M WATCHING**

Looking out for the pregnant lady in prison

Daya (Dascha Polanco) struggles as a pregnant inmate on Orange Is the New Black. JOJO WHILDEN/NETFLIX

THE SHOW: Orange is the New Black, Season 3, Episode 4
THE MOMENT: The Smoke Break

Inmate Gloria (Selenis Leyva) sits outside the prison kitchen, smoking. Her son just visited. She's losing him; he's becoming a thug. Inmate Daya (Dascha Polanco), pregnant, joins her. The guard who promised to marry her and adopt her baby has vanished.

"Can I have a smoke?" Daya asks.

"What the hell is wrong with you?" Gloria snorts. "I swear to God, you were my kid" — her face falls — "you'd still be screwed up."

"Please," Daya says, sitting. "He's gone."

"I know," Gloria replies.

"F—ing piece of s—t," Daya says. "Like all of them."

"Yup," Gloria says.

"I can't believe he just left us," Daya says. Gloria glances at Daya's belly. She hands over a cigarette. "It's not the worst thing that'll happen to that kid," she says. She pulls Daya close. It's brief, but it's a hug.

With Season 4 about to drop, I thought I'd better catch up. Season 2 showed how one rotten apple, Vee (Lorraine Toussant), spoiled the prison's fragile equilibrium. So far, this season is digging into what I love best: telling character moments.

Statistics show that the majority of women in prison are there because of a man. That half-line, "Like all of them," says so much about how duped these women feel, how angry, how resigned.

The most consistently surprising thing about OITNB is its intimacy. Women want to be close to people — but how do you handle it when intimacy is forced upon you, when you share bedrooms, bathrooms, rages and sorrows, 24/7, with people you're wary of?

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

NETFLIX

Avery lawyers fans of Canadian courts

Dean Strang. THE CANADIAN PRESS

A defence lawyer for Steven Avery featured in the popular Netflix documentary series Making a Murderer says the U.S. justice system could take lessons from Canada's approach to the courts.

Dean Strang and fellow Avery lawyer Jerry Buting will bring their "A Conversation on Justice" tour to Toronto's Sony Centre for the Performing Arts on Saturday.

In advance of their Canadian visit, Strang said the duo had given thought to how best to tailor their talk to their audience north of the border.

"I think part of what you'll hear, honestly, is admiration from us for aspects of the Canadian system that, I think, are superior to ours," Strang said in a recent phone interview.

He cited the merit appointment for judges in Canada, unlike in the U.S. where they are elected, as are sheriffs. Strang also pointed to what he described as a "superior" defence system for those who are in financial need and require legal assistance.

"Your police service training at the provincial level is more uniform . . . than police training in smaller U.S. communities which isn't so uniformly organized at the state level, for example," he added.

Strang and Buting embarked on a multi-city speaking tour in April that continues through August, where they discuss the Avery case and broader elements of the U.S. criminal justice system. The duo have become household names since Making a Murderer began last year. They're featured in the documentary defending Avery in a first-degree intentional homicide trial in the 2005 death of photographer Teresa Halbach. THE CANADIAN PRESS

GOSSIP

Why Zellweger went MIA for years

Renee Zellweger is opening up about her six-year absence from Hollywood, saying "it was time to go away and grow up a bit."

The 47-year-old tells British Vogue she "found anonymity" during her time off so she could not be defined by her image and have exchanges with people on a "human level."

Zellweger put on weight recently to reprise one of her most famous roles in Bridget Jones's Baby, which opens in September. The Oscar-winning actress tells the magazine that she doesn't understand the extra attention when she changes her body to play the cherubic Jones, saying "no male actor would get such scrutiny."

Zellweger's appearance made headlines in 2014 after social media commenters said she was unrecognizable. She attributed the change in her looks to "a more fulfilling life."

THE ASSOCIATED PRESS

Renee Zellweger has faced scrutiny for her looks. GETTY IMAGES

GOSSIP BRIEFS

Janis Joplin's childhood home for sale for $500K

A Southeast Texas house where blues and rock star Janis Joplin lived as a child is for sale for $500,000.

The Port Arthur home of Joplin, who died in 1970, has a Texas Historical Commission marker outside confirming she lived at the residence. Joplin was a preschooler when the family moved into the nearly 1,500-square-foot house.

Taxe appraisal records value the home at $52,500.

The seller hasn't been made public.

Officials with the Museum of the Gulf Coast were contacted about acquiring the house before it went on the market this month — but declined.

Museum official Sarah Bellian (BEL'-ee-ahn) says not every house can be a museum.

She cited upkeep costs and fundraising concerns.

Joplin's wildly painted 1964 Porsche 356C Cabriolet fetched $1.76 million during a December auction.

THE ASSOCIATED PRESS

metro WHEELS
Your essential daily news

Bosnian man spends two years covering his VW Beetle in oak

If only it could buy you beers

ALL PHOTOS FORD CANADA

REVIEW

F-150 takes over roles friends used to have

Stephen Elmer
AutoGuide.com

No longer do you need a second set of eyes to check your trailer lights; the F-150 will do it for you. Need a buddy to hold a flashlight so you can work in the dark? Nope. The truck's mirror-mounted spotlights and bed-mounted LED lights will take care of illuminating your work.

Trying to back up a big trailer by yourself? Ford's new truck even makes that a breeze with almost no experience necessary.

The truck can even give you a massage. Now, if only the F-150 could pick up the next round of beers, it might be an even better friend than most!

Though its all-new aluminum body stole the headlines when the redesigned F-150 hit the market, the changes to this truck are more than just skin deep. And the strength of this package starts with the powertrain.

Our test truck came equipped with Ford's 2.7-litre EcoBoost V6, a turbocharged unit that is billed as a smaller and more economical option than the top-dog 3.5-litre EcoBoost. It makes 325 hp, but burying the throttle launches the truck with much more force than the numbers suggest.

In fact, gun to my head, I might be hard pressed to tell you if it is the 2.7-litre or the 3.5-litre engine providing power when the trucks are unloaded.

Besides being fast without a load, the turbos help to bring the torque on low in the rev range, providing good pulling power to get your trailer or payload on the move. The only downside to EcoBoost — and it has been since the first version of Ford's turbocharged engines were introduced — is fuel economy. While the official ratings peg this truck at 8.1 km/L combined, seeing averages of closer to 7.2 km/L isn't uncommon.

What really stands out on the F-150 is its handling. More so than any other half-ton pickup truck, the F-150 corners nice and tight, feeling light on its feet.

Big, heavy vehicles have a tendency to push wide through long sweeping corners, whereas the F-150 tucks in and urges you to keep on turning the wheel.

If it was pickup truck day at the race track, the F-150 will most certainly provide the most fun and least understeer.

For 2016, there is a new system that can't be ignored; Pro Trailer Backup Assist.

In short, the system allows you to control the movement of a trailer using a dash-mounted knob. And it works great. It takes the crossed wires out of reversing, with the left turn of the knob sending the rear of the trailer to the left.

As my dad always told me, it's better to work smart than work hard, and the F-150 is a genius when it comes to all those things that can make a hard day's work breeze by.

THE CHECKLIST | 2016 FORD F-150

THE BASICS

Engine: 2.7L EcoBoost V6
Power: 325 hp
Transmission: Six-speed automatic.
Pricing: $48,000 as tested.

LOVE IT

- Turbo Power
- Pro-Trailer Backup Assist
- Handling

LEAVE IT

- Slightly rough ride
- Mirrors on the standard model should be bigger

GADGETS

BMW 7 Series' super-fancy technology is next level

Mike Schlee
AutoGuide.com

Of course, like any good flagship luxury sedan, the new 7 Series comes with all the expected technology like adaptive cruise control, head-up display, highly adjustable front power seats and a heated steering wheel. But from there, things get a bit crazy.

Available items include BMW's night vision system, active steering, an on-board Wi-Fi hotspot, dual digital display screens up front and 360 view cameras. The driver can also use gesture controls to control basic infotainment system functions. Because pushing actual buttons? That's for plebes!

To keep occupants amused, there's a 1,400-watt Bowers & Wilkins diamond sound system that includes 16 speakers, many of which can be backlit for a bit of added flair at night. And while on the topic of lighting, fully customizable accent lighting is available as well a sky lounge LED roof that has thousands of LED lights built into the dual moon roof.

Rear seat passengers can be entertained by dual seat back entertainment screens that can also be used to control many of the car's primary functions. There is also a seven-inch touchscreen between the two rear seats that operates many of the same functions.

But we're not done yet. Completing the uber luxurious 750i are over-the-top features. There's the ambient air package that allows occupants to spritz one of two scents into the cabin at varying levels of strength. Then there's the massive display key that includes a mini touchscreen to relay various amounts of information and control to the driver when not at the car. And finally, in some markets, the 7 Series can park itself into a garage remotely without anyone actually being inside the car.

Why would anyone ever want to get out of the car?

From the 14-speaker sound system to adjustable air suspension to filter out most road imperfections, the 7 Series takes its tech very seriously. BMW/HANDOUT

GET MORE THAN YOU EXPECT FOR LESS THAN YOU IMAGINED.

20% OF MSRP CASH CREDIT

ON SELECT 2016 MODELS IN STOCK THE LONGEST.[1]
JUNE 3-30

2016 TRAX

EG: 20% OF MSRP = $5,552 CASH CREDIT[1]

ON TRAX LT AWD BASED ON MSRP OF $27,760

CHEVROLET.CA / FIND NEW ROADS

CHEVROLET

2016 EQUINOX

EG: 20% OF MSRP = $6,780 CASH CREDIT[1]

ON EQUINOX LT AWD TRUE NORTH EDITION
BASED ON MSRP OF $33,900

2016 TRAVERSE

EG: 20% OF MSRP = $8,927 CASH CREDIT[1]

ON TRAVERSE 2LT AWD
BASED ON MSRP OF $44,635

2016 SILVERADO

EG: 20% OF MSRP = $10,400 CASH CREDIT[2]

ON SILVERADO 1500 CREW CAB LTZ
BASED ON MSRP OF $52,000

ALL NEW VEHICLES COME WITH:

CHEVROLET COMPLETE CARE

2 YEARS/48,000 KM COMPLIMENTARY OIL CHANGES**

5 YEARS/160,000 KM ROADSIDE ASSISTANCE▲

5 YEARS/160,000 KM POWERTRAIN WARRANTY▲

CHEVROLET.CA

Prices do not include applicable taxes and PPSA. Consumers may be required to pay up to $799 for Dealer fees.***

For the latest information, visit us at chevrolet.ca, drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. 1Applies to dealer inventory as of June 1, 2016. Valid June 3 – 30, 2016 on cash purchases of vehicles from dealer inventory. Not compatible with special lease and finance rates. Credit is tax exclusive and is calculated on vehicle MSRP, excluding any dealer-installed options. By selecting lease or finance offers, consumers are foregoing this cash credit which will result in higher effective cost of credit on their transaction. Dealer may sell for less. Offer may not be redeemed for cash and may not be combined with certain other consumer incentives. Certain limitations or conditions apply. General Motors of Canada Company may modify, extend or terminate this offer, in whole or in part, at any time without notice. Void where prohibited. See dealer for details. 2 Applies to oldest 15% of dealer inventory as of June 1, 2016. Valid June 3 – 30, 2016 on cash purchases of select vehicles from dealer inventory. Not compatible with special lease and finance rates. Credit is tax exclusive and is calculated on vehicle MSRP, excluding any dealer-installed options. By selecting lease or finance offers, consumers are foregoing this cash credit which will result in higher effective cost of credit on their transaction. Dealer may sell for less. Offer may not be redeemed for cash and may not be combined with certain other consumer incentives. Certain limitations or conditions apply. General Motors of Canada Company may modify, extend or terminate this offer, in whole or in part, at any time without notice. Void where prohibited. See dealer for details. 1/2/***Air levies included. Freight & PDI ($1,700/$1,700/$1,700/$1,695), registration, tire levies and OMVIC fees, insurance, licence, PPSA, dealer fees and applicable taxes not included in 20% offers. Offers apply as indicated to 2016 new or demonstrator models of the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Chevrolet Dealer Marketing Association area only (including Outaouais). Dealers are free to set individual prices. Quantities limited; dealer order or trade may be required. Limited time offers which may not be combined with other offers. GM Canada may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. ** The 2-Year Scheduled Lube-Oil-Filter Maintenance Program provides eligible customers in Canada, who have purchased, leased or financed a new eligible 2016 MY Chevrolet, Buick, or GMC vehicle (excluding Spark EV), with an ACDelco oil and filter change, in accordance with the oil life monitoring system and the Owner's Manual, for 2 years or 48,000 KMs, whichever occurs first, with a limit of four (4) Lube-Oil-Filter services in total, performed at participating GM Dealers. Fluid top offs, inspections, tire rotations, wheel alignments and balancing, etc. are not covered. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. GM Canada reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Additional conditions and limitations apply. See dealer for details. ▲ Whichever comes first. See dealer for limited warranty details.

Don Draper's car is on the market

IN BRIEF

Hyundai readying 322 km EV

Hyundai will introduce electric vehicles with a longer range before the end of the decade. In a recent interview, Hyundai's director of its eco-vehicle performance development group, Byung Ki Ahn, confirmed that a 322-kilometre Hyundai electric vehicle will be introduced by 2018.

Range will go even further by 2020, when Hyundai plans on adding a 400 kilometre electric vehicle to its lineup. That's a major improvement compared to the Hyundai Ioniq EV that has a 177-kilometre range.

JASON SIU/ AUTOGUIDE.COM

FOR SALE

Own a piece of Mad Men

Love Mad Men? Love cars? Don Draper's 1964 Chrysler Imperial is crossing the auction block. Offered by ScreenBid, the 1964 Imperial Crown convertible was used in Season 4, Episode 3 and is one of 922 Imperial Crown convertibles ever built. They're so rare now that is it believed fewer than 200 exist today. ScreenBid brags that this 1964 Chrysler Imperial is the only Imperial to boast having been smoked in by Don Draper, when he drives it to visit the real Don Draper's wife in California. There's a bit of history about the car too, as many mistakenly refer to it as a Chrysler Imperial, including local DMVs when titling the car. In fact, Imperial was a separate brand after 1955, spun off by Chrysler to compete with Lincoln and Cadillac. This particular model was penned by famous auto designer Elwood Engel.

JASON SIU/AUTOGUIDE.COM

LOWEST COST OF OWNERSHIP^ COMPARED TO ALL OTHER ½-TON PICKUPS.
AND THE MOST CAPABLE WITH BEST-IN-CLASS PAYLOAD†
F-SERIES BEST-SELLING IN CANADA FOR 50 YRS
LEASE THE 2016
F-150 XLT SUPERCREW 4X4 5.0L
WITH TRAILER TOW PACKAGE INCLUDED
$199 EVERY 2 WEEKS | 0.99% APR* | 36 MONTHS | $2,895 DOWN
PLUS
PLUS, GET AN ADDITIONAL $750** BONUS CASH
• MILITARY-GRADE ALUMINUM ALLOY BODY & BED†
• CLASS-EXCLUSIVE†† PRO TRAILER BACKUP ASSIST™
5-STAR◊ OVERALL VEHICLE SCORE FOR SAFETY
VINCENTRIC LOWEST COST TO OWN 2015
Our advertised prices include Freight, Air Tax, and PPSA (if financed or leased). Add dealer administration and registration fees of up to $799, fuel fill charge of up to $120 and applicable taxes, then drive away.
BUILT Ford TOUGH
Oh hey, you're looking for the legal, right? Take a look; here it is: Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible rainchecked Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Uplift Program or the Commercial Fleet Incentive Program (CFIP). ^Until May 31, 2016, lease a new 2016 F-150 SuperCrew 4x4 XLT 5.0L V8 300A with 53A Trailer Tow package for up to 36 months and get 0.99% APR on approved credit (OAC) from Ford Credit Canada Limited. Not all buyers will qualify for the lowest APR payment. Lease 2016 F-150 SuperCrew 4x4 XLT 5.0L V8 300A with 53A Trailer Tow package with a value of $38,406 (after $2,895 down payment or equivalent trade in and Manufacturer Rebates of $3,750 deducted and including freight and air tax charges of $1,800) at 0.99% APR for up to 36 months with an optional buyout of $23,601, monthly payment is $432 (the sum of twelve (12) monthly payments divided by 26 periods gives payee a bi-weekly payment of $199.38), total lease obligation is $18,447, interest cost of leasing is $919 or 0.99% APR. Additional payments required for optional features, license, and insurance. All prices are based on Manufacturer's Suggested Retail Price. Some conditions and mileage restriction of 60,000 km for 36 months applies. Excess kilometrage charges are 16¢ per km, plus applicable taxes. Excess kilometrage charges subject to change, see your local dealer for details. **Offer valid between May 3, 2016 and June 30, 2016 (the "Offer Period") to Canadian residents. Receive $750 towards the purchase or lease of a new 2015 F-150 (excluding Regular Cab XL 4x2 Value Leader); 2016 F-150 (excluding Regular Cab XL 4x2 Value Leader, F-250 to F-550 (each an "Eligible Vehicle"). Only one (1) bonus offer may be applied towards the purchase or lease of one (1) Eligible Vehicle. Taxes payable before offer amount is deducted. Offer is not rainchecked. ◊F-Series is the best-selling line of pickup trucks in Canada for 50 years in a row, based on Canadian Vehicle Manufacturers' Association statistical sales report up to 2015 year-end. †Based on results from the 2015 Vincentric model level analysis of the Canadian consumer market for the Full-Size 1/2-Ton Pickup segment. ††When properly equipped. Max. payloads of 3,270 lbs/3,240 lbs with 5.0L Ti-VCT V8/3.5L V6 EcoBoost engines. Class is Full-Size Pickups under 8,500 lbs. GVWR based on Ford segmentation. †††Class is Full-Size Pickups under 8,500 lbs. GVWR, vs. 2015 competitors. Some driver input required. Driver-assist features are supplemental and do not replace the driver's attention, judgment and need to control the vehicle. ‡Class is Full-Size Pickups under 8,500 lbs. GVWR, vs. 2015 competitors. 6000-series aluminum alloy. ◊Government 5-Star Safety Ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov). ©2016 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under licence. ® Registered trademark of Price Costco International, Inc. used under license. ©2016 Ford Motor Company of Canada, Limited. All rights reserved.
SiriusXM
Available in most new Ford vehicles with 6-month pre-paid subscription.

The Exceptional Summer Event

FINANCE FROM **0%** FOR UP TO **84** MONTHS* on select models

OR

GET UP TO **$4,000**† BONUS CASH** on other select models

†Touareg amount shown

2016

JETTA

1.4 TSI TRENDLINE MANUAL TRANSMISSION

BI-WEEKLY FINANCE
FROM THE EQUIVALENT OF

$45 WEEKLY at **0%** for **84** MONTHS‡

WITH **$1,300** DOWN

Highline model shown

2016

TIGUAN

2.0 TSI TRENDLINE FWD

BI-WEEKLY FINANCE
FROM THE EQUIVALENT OF

$74 WEEKLY at **0%** for **84** MONTHS‡

WITH **$0** DOWN

Highline model shown

Exceptional exists for less than you think.
See for yourself at vwoffers.ca. Offers end June 30.

Volkswagen

*Limited time finance purchase offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2016 Jetta 1.4T Trendline (#163VF1) base model with 5-speed manual transmission with base MSRP of $17,620, including $1,625 freight and PDI, financed at 0% APR for 84 months equals 182 bi-weekly payments starting from $90. $1,300 down payment or equivalent trade-in due at signing. Cost of borrowing is $0 for a total obligation of $17,620. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. **Up to $4,000/$2,000/$2,000 bonus cash available to be applied as a discount on MSRP on cash purchase only of select new and unregistered 2016 Touareg models / select Jetta models (excluding the 1.4T Trendline 5-speed manual transmission (#163VF1)) / select Tiguan models (excluding the FWD Trendline (#5N21V4)). Discount varies by model. ‡**Finance payments of $90/$147 on the Jetta/Tiguan must be made on a bi-weekly basis and cannot be made weekly.** Weekly equivalent payments shown for information only. Limited time finance purchase offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2016 Jetta 1.4T Trendline (#163VF1) / Tiguan FWD Trendline (#5N21V4) base model with 5/6-speed manual transmission. Base MSRP of $17,620/$26,785, including $1,625/$1,795 freight and PDI, financed at 0% APR for 182 bi-weekly payments starting from $90/$147. $1,300/$0 down payment or equivalent trade-in due at signing. Cost of borrowing is $0/$0 for a total obligation of $17,620/$26,785. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end June 30, 2016 and are subject to change or cancellation without notice. Models shown: 2016 Jetta 1.8T Highline automatic transmission, $27,995 / 2016 Tiguan 2.0T Highline R-Line automatic transmission, $39,993. Vehicles shown for illustration purposes only and may include optional equipment. Visit vwoffers.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Jetta", "Tiguan", "Touareg", "TSI", "Highline" and "Trendline" are registered trademarks of Volkswagen AG. © 2016 Volkswagen Canada.

metro SPORTS

Luke Donald went two extra holes to join four other players earning a spot in next week's U.S. Open after a playoff Tuesday in Columbus, Ohio

Caps 'gunning' for Fury

CANADIAN CHAMPIONSHIP

Vancouver down 2-0 to Ottawa after first leg of semi

Jordan Harvey is eager to help make things right.

The veteran defender watched from the bench as the Vancouver Whitecaps got pushed around in last week's 2-0 loss to the Ottawa Fury in the first leg of their Amway Canadian Championship semi-final.

The Whitecaps dressed a youthful and largely inexperienced lineup in the nation's capital, but the defeat of a Major League Soccer team by a club from the second-tier NASL still came as a shock.

Needing to score at least twice to force extra time in Wednesday's second leg of the two-game, total-goals series, Vancouver is expected to go with more of its regular starters, and Harvey couldn't hide his desire to get back on the field.

"We're going to be gunning for them, man," said Harvey. "I'm really looking forward to it.

"If you saw in the (last) game, it was very physical. I don't think we matched that."

The Whitecaps won the franchise's first Canadian title last season and know they will need a much better showing to have any shot at retaining their crown, regardless of who suits up against Ottawa.

"We need everyone pulling their weight," said Vancouver assistant coach Gordon Forrest. "Everyone needs to roll up their sleeves and everyone needs to contribute.

"We need everyone in this game."

The Fury blitzed the Whitecaps early in the first leg on a great strike by Jonny Steele before Paulo Junior doubled the advantage before halftime. Vancouver was better after the break and had a couple of chances, but the damage had already been done.

> **We know we have 90 minutes, but at the same time we need to get some goals.**
> Jordan Harvey

"We put ourselves in a little bit of a hole," said Whitecaps defender Tim Parker. "At the same time we can't take away from what Ottawa did in that first leg. They got the better of us."

THE CANADIAN PRESS

LINEUP

Fury midfielders Julian de Guzman and Marcel de Jong, who missed the first leg while away on international duty with Canada, will be available in Vancouver.

Jonny Steele of the Fury heads the ball away from the Whitecaps' Nicolas Mezquida at TD Place last week. SEAN KILPATRICK/THE CANADIAN PRESS

CANADIAN SOCCER

Injured keeper eyes quick recovery

If you have any doubts that Sabrina D'Angelo can make it back for the Olympics from a fractured wrist, consider that the 23-year-old goalkeeper from Welland, Ont., broke the wrist in pre-game warmups for her NWSL club team, then had it taped up and played.

"My adrenaline was going, so honestly I didn't think about it too much," she said with a smile.

D'Angelo, who plays for the Western New York Flash, was hurt when her hand got caught in her body as she went for a save — from a hard shot at close-range — prior to a May 21 game against Sky Blue FC.

Sabrina D'Angelo CANADA SOCCER

"Just the way it hit, I knew it wasn't good," she said. "I had done my right wrist before so I knew it wasn't good. But I told them to tape it up and we'd deal with it after the game."

Western New York won 5-2.

D'Angelo had surgery last Friday to have a screw inserted in the broken scaphoid bone and is sporting a cast on her left — dominant — arm.

The recovery time for her injury is six to eight weeks, which takes her to mid-July. Canada's first game in Brazil is Aug. 3.

THE CANADIAN PRESS

MLB

Niese shuts down Mets in Pirates win

Jon Niese pitched seven scoreless innings against his former team and Josh Harrison had three hits as the Pittsburgh Pirates beat the Mets 3-1 on Tuesday in the first game of a doubleheader.

The Pirates snapped New York left-hander Steven Matz's seven-game winning streak.

Niese (6-2) gave up four hits, walked two and struck out two. The lefty is 3-0 with a 1.74 ERA in his last five starts.

THE ASSOCIATED PRESS

Jon Niese GETTY IMAGES

IN BRIEF

Broncos to get a closer look at Talib's gunshot wound

Coach Gary Kubiak said Aqib Talib should return Wednesday to the Denver Broncos' headquarters where team doctors can evaluate the gunshot wound in his right leg.

The cornerback missed the Broncos' visit to the White House on Monday after being shot in Dallas over the weekend.

The spectre of a ban swirls around Talib, who has had firearm incidents in his past. THE ASSOCIATED PRESS

OBITUARY

Slice dead at 42

Kimbo Slice, the bearded street fighter who parlayed his Internet popularity into a mixed-martial-arts career and worldwide fame, has died. He was 42.

Slice, whose real name was Kevin Ferguson, was taken to a hospital in Margate, Fla., near his home on Monday, said Coral Springs police Sgt. Carla Kmiotek.

The cause of death was still unclear. Kmiotek said there is no active police investigation and no foul play is suspected.

Slice was a strip-club bouncer and bodyguard who began competing in unsanctioned street fights in 2003. Videos of his violent knockout victories in those bouts became wildly popular online. THE ASSOCIATED PRESS

> **Outside of the cage he was a friendly, gentle giant and a devoted family man.**
> Bellator CEO Scott Coker

FRIENDLY

Men's national team beats Uzbekistan on own goal

A late own goal gave Canada's men's soccer team a 2-1 win over Uzbekistan in a friendly Tuesday in Bad Waltersdorf, Austria.

After Uzbekistan's Eldor Shomurodov tied the game the 62nd minute, Canada started to press late and were rewarded when Akramjon Komilov headed a Canadian cross from the left side into his own goal.

Canada captain David Edgar opened the scoring in the 20th minute.

THE CANADIAN PRESS

RECIPE Salmon Tray Bake

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

There is no better strategy to get dinner on the table than to cook everything together. It's why we love a tray bake, especially this one since it delivers roasted flavor for the veggies and potatoes and flakey salmon.

Ready in
Prep time: 10 minutes
Serves: 4

Ingredients
- 2 new potatoes
- 3 Tbsp olive oil
- 2 tsp fresh or dried thyme
- Salt and pepper
- 4 salmon filets
- 1 bundle of asparagus, washed and trimmed
- 20 cherry tomatoes
- Big squeeze of lemon juice

Directions

1. Preheat the oven to 375 F.

2. Line a rimmed baking sheet with parchment.

3. Thinly slice potatoes and scatter them across baking sheet. Season with 2 tbsp of olive oil, pinch of salt, pepper and thyme. Place in oven for 15 minutes.

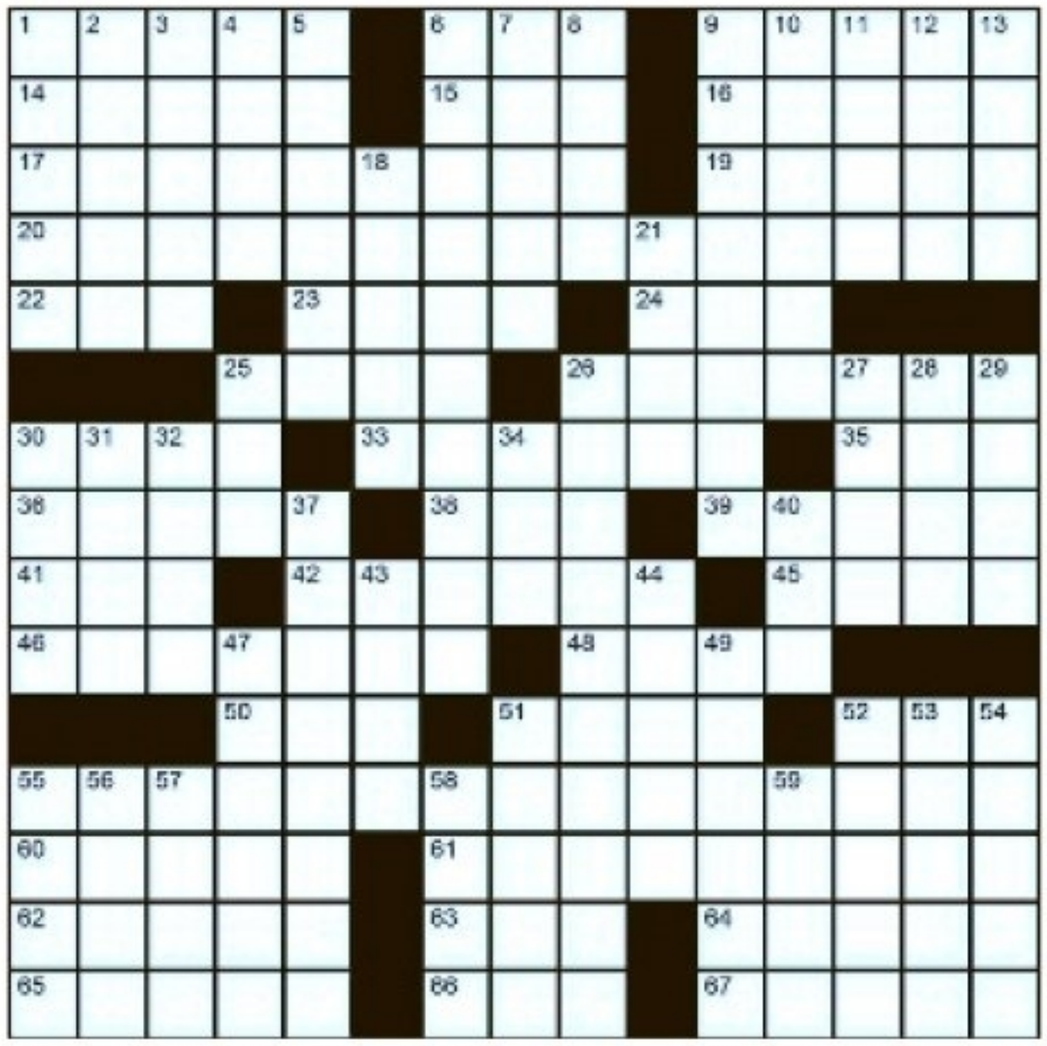
4. Remove tray from oven. Increase heat to 400 degrees. Lay the salmon filets over the potatoes and add the asparagus and tomatoes. Return to oven for 10 to 15 minutes, or until salmon is cooked.

5. Remove from oven. Squeeze lemon juice over the whole pan and serve.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Architectural style of The Parthenon, an ancient temple in Athens which also features Ionic elements
6. Crosby, Stills and Young's bandmate ...his initials-sharers
9. Grassy plain
14. Effusive/bubbling
15. Tai-Kadai language
16. Trojan War epic
17. Packages made available to potential advertisers: 2 wds.
19. "Pink Shoe Laces": 1959 song by __ Stevens
20. Police headquarters in London, as per the show at #46-Across: 3 wds.
22. Amer. tax ID
23. Milliner's manufacture-ees
24. Assistance
25. Corduroy line
26. Ground the teeth
30. __-Deucey (Backgammon variant)
33. Garden structure
35. Ms. Gabor
36. Drives
38. __-Rock (Music genre)
39. Challenged
41. Meals-on-trays eatery, mini-ly
42. Canadian actor, Elias __
45. Delivery vehicles
46. "__ & Doyle", crime drama on Global TV
48. Pal
50. Suffix to 'Mod'
51. Read: French
52. Three Stooges member
55. Heavenly-sounding Manitoba community: 3 wds.
60. Beaver logo clothier
61. Sickens at sea
62. Ms. MacDowell
63. Frequently, to a poet
64. Tuscan city
65. Dim
66. *NSYNC hit, when repeated
67. Fretful

DOWN
1. Curses
2. S-shaped mouldings
3. Uniquely-spelled song by California band LIFE
4. 1970s superheroine goddess TV series
5. Cuba-originated ballroom dance
6. Paparazzi-snapped stylish stars/jetsetters aka The Beautiful People
7. Washington's baseball team [abbr.]
8. Baseball star Sammy
9. Rebecca __ (Canadian actress who stars on #46-Across)
10. __ of London (Insurance market)
11. Ms. Turturro of "The Sopranos"
12. Depilatory brand
13. Mr. Fehr of 'The Mummy' movies
18. Eucalyptus-loving marsupial
21. Mork's greeting, when doubled
25. Wales/England river
26. "Do you have some time?": 3 wds.
27. Ox-eyed goddess
28. All square
29. Cookies brand
30. Curve
31. "Farewell!"
32. Egypt: Temple of Horus at __
34. Quebec 'wheat'
37. Employee's range of abilities: 2 wds.
40. "__ Maria"
43. "Hot cross buns! __ penny, two..."
44. Gilbert and Rue
47. Mr. Hoffman
49. Nobel-winning 'Mother'
51. __ greens (Crisper contents)
52. Sacred choral piece
53. Buck of "Hee Haw"
54. Composition
55. Tennis' Steffi
56. Eugene O'Neill's daughter
57. Character in "Diana" (2013)
58. Door __
59. Sky-to-Earth water

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is the perfect day to plan a vacation or make plans regarding the education of children. You might begin the necessary factual foundation for a creative project.

Taurus April 21 - May 21
Sit down with family members to plan how to improve your home or how to help a family member. People are in a sensible mood.

Gemini May 22 - June 21
You're in a practical frame of mind, which is why this is a good day to tackle routine tasks you have been avoiding. Roll up your sleeves and get down to it.

Cancer June 22 - July 23
If shopping today, you will want to buy only long-lasting, practical items. You also will work hard, with a thought of saving for the future.

Leo July 24 - Aug. 23
The Moon is in your sign today, which makes you more emotional than usual. This also makes you luckier than usual. Use this to your advantage!

Virgo Aug. 24 - Sept. 23
This is an excellent day to do research, because you will persevere and find what you're looking for. You'll be like a dog with a bone!

Libra Sept. 24 - Oct. 23
Listen to the advice of someone more experienced today, because it will be valuable. After all, you don't have to reinvent the wheel. (Plus, you don't have to follow what he or she says.)

Scorpio Oct. 24 - Nov. 22
You make a great impression on bosses, parents, teachers and VIPs today. Because you are conscientious and hard-working, they will love you!

Sagittarius Nov. 23 - Dec. 21
This is a great day to study or finish a school paper. You will make great headway in matters related to publishing, the media, medicine and the law.

Capricorn Dec. 22 - Jan. 20
Use today's energy to clear away loose details regarding taxes, debt, insurance matters and inheritances. Listen to someone's advice about shared property.

Aquarius Jan. 21 - Feb. 19
This is a good day to sit down with spouses, partners and close friends and have a serious discussion about practical matters. You will see that by keeping things orderly, it will be easier for everyone in the future.

Pisces
Feb. 20 - March 20
It's easy to work hard today, because you have the right mind-set. Physical discomfort is less important. Getting the job done is what matters.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

		6	5		2	7	
			3				
		2			4		
6			1		4		7
	7			8		9	
3			7		9		6
		1			9		
				4			
		4	8		6	2	

©2014 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

7	9	6	4	8	5	3	2	1
3	1	8	7	6	2	5	4	9
4	5	2	9	1	3	6	7	8
5	3	7	8	2	4	9	1	6
6	4	1	5	9	7	8	3	2
2	8	9	1	3	6	4	5	7
1	6	5	2	4	9	7	8	3
9	2	4	3	7	8	1	6	5
8	7	3	6	5	1	2	9	4

CHARGED WITH A TRAFFIC OFFENCE?

NEW Location: 1901 Bank Street www.xcopper.com

HYUNDAI® | OTTAWA'S FAVOURITE BRAND▽

TRY IT OR BUY IT EVENT

THE 24 MONTH LEASE

- SUPERSTRUCTURE™
- 7" TOUCH-SCREEN DISPLAY WITH ANDROID AUTO™
- STANDARD HEATED FRONT SEATS
- HEATED LEATHER-WRAPPED STEERING WHEEL
- BLIND SPOT DETECTION WITH REAR CROSS-TRAFFIC ALERT

Ultimate model shown♦

THE ALL-NEW 2017 ELANTRA GL AUTO

TRY IT

LEASE FOR ONLY $59 WEEKLY | AT 0.9%◊ | FOR 24 MONTHS | INCLUDES A $750 WELCOME BONUS△

WITH $0 DOWN

BUY IT

OR 0% FINANCING | FOR 60 MONTHS† + $750 WELCOME BONUS△

2016 TUCSON 2.0L PREMIUM FWD

- 5-YEAR WARRANTY††
- 17" ALLOY WHEELS
- 5" TOUCH-SCREEN DISPLAY
- REARVIEW CAMERA
- BLIND SPOT DETECTION WITH REAR CROSS-TRAFFIC ALERT AND LANE CHANGE ASSIST
- HEATED REAR SEATS

Ultimate model shown♦

TRY IT

LEASE FOR ONLY $69 WEEKLY | AT 0.9%◊ | FOR 60 MONTHS | INCLUDES A $1,000 WELCOME BONUS△

WITH $0 DOWN

BUY IT

OR 0% FINANCING | FOR 60 MONTHS† + $1,000 WELCOME BONUS△

2017 SANTA FE SPORT 2.4L FWD

- 5-YEAR WARRANTY††
- HEATED FRONT SEATS
- 5" TOUCH-SCREEN DISPLAY
- 17" ALLOY WHEELS
- REARVIEW CAMERA
- BLUETOOTH® HANDS-FREE PHONE SYSTEM

Ultimate model shown♦

BUY IT

FINANCE FOR ONLY $79 WEEKLY | AT 0% | FOR 84 MONTHS† | INCLUDES A $1,000 WELCOME BONUS△

WITH $750 DOWN

TRY IT

OR 0.9% LEASING | FOR 24 MONTHS† + $1,000 WELCOME BONUS△

Dealers may charge additional fees for administration of up to $499. Charges may vary by Dealer.

H-Factor

THIS IS HOW WE DO IT.

visit HyundaiCanada.com

5 YEAR WARRANTY

5-year/100,000 km Comprehensive Limited Warranty††
5-year/100,000 km Powertrain Warranty
5-year/100,000 km Emission Warranty
5-year/Unlimited km 24 Hour Roadside Assistance

®/™The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. All other trademarks are the property of their respective owners. ▽Ottawa favourite brand statement based on January to December 2015 Polk sales report of Hyundai vehicles in competing segments. ΔWelcome Bonus of up to $750/$1,000/$1,000 available on all new 2017 Elantra GL Auto/2016 Tucson 2.0L Premium FWD/2017 Santa Fe Sport 2.4L FWD models. Price adjustments applied before taxes. Offer cannot be combined or used in conjunction with any other available offers. Offer is non-transferable and cannot be assigned. No vehicle trade-in required. †Finance offers available O.A.C. from Hyundai Financial Services based on a new 2017 Elantra GL Auto/2016 Tucson 2.0L Premium FWD/2017 Santa Fe Sport 2.4L FWD with an annual finance rate of 0%. Weekly payments are $83/$106/$79 for 60/60/84 months. $0/$0/$750 down payment required. Cost of borrowing is $0. Finance offers include Delivery and Destination charge of $1,695/$1,795/$1,895, levies and all applicable charges (excluding HST). Finance offers exclude registration, insurance, PPSA, license fees and dealer admin. fees of up to $499. Fees may vary by dealer. ◊Leasing offers available O.A.C. from Hyundai Financial Services based on a new 2017 Elantra GL Auto/2016 Tucson 2.0L Premium FWD/2017 Santa Fe Sport 2.4L FWD with an annual lease rate of 0.9%/0.9%/0.9%. Weekly lease payment of $59/$69/$108 for a 24/60/24-month walk-away lease. Down payment of $0 and first monthly payment required. Total lease obligation is $6,136/$17,940/$11,232. Lease offers include Delivery and Destination charges of $1,695/$1,795/$1,895, levies, and all applicable charges (excluding HST). Lease offer excludes registration, insurance, PPSA, license fees and dealer admin. fees of up to $499. Fees may vary by dealer. $0 security deposit on all models. 20,000 km allowance per year applies. Additional charge of $0.12/km. ♦Prices of models shown: 2017 Elantra Ultimate/2016 Tucson 1.6T Ultimate AWD/2017 Santa Fe Sport 2.0T Ultimate are $30,627/$41,527/$46,627. Prices include Delivery and Destination charges of $1,695/$1,795/$1,895, levies and all applicable charges (excluding HST). Prices exclude registration, insurance, PPSA, license fees and dealer admin. fees of up to $499. Fees may vary by dealer. Δ◊†♦Offers available for a limited time and subject to change or cancellation without notice. Dealer may sell for less. Inventory is limited, dealer order may be required. Visit www.hyundaicanada.com or see dealer for complete details. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.